

What Is Friendship?



What Is Friendship?

A relationship between friends is called a friendship. Friendships happen throughout all stages of people's lives and can offer companionship, support and loyalty. Good friendships can bring many moments of happiness to people's lives.

Why Are Friendships Important?

Friendships have an important impact on people's wellbeing; friends can make you laugh and prevent loneliness. Forming friendships with different people also helps us to learn about different cultures and religions. Additionally, friends may encourage us to try new hobbies and teach us how to **compromise**.

Maths Test

Year 5 had just completed a maths test. While Priya walked out of class feeling confident, Ellie had found the test difficult. Feeling fed up, she went and sat on her own in the playground but Priya followed her.

"How are you?"
Priya asked.



Ellie shrugged. "I tried my best and I don't feel that it was enough," she replied.

"All the teachers ask is that we try our best. Don't worry about the test. You should be really proud of yourself and all your hard work," Priya said.

Ellie smiled. Priya was always so supportive of her and always thought about how she was feeling.



Playtime

Sami and Oscar were good friends but they were both very competitive. One breaktime, Sami and Oscar were on opposite teams when they were playing football. Sami's team won and Oscar was annoyed.

"I'm not playing football anymore!" Oscar shouted as he stormed off.



Sami thought it was best to let Oscar calm down. He knew that if he tried to talk to him when he was angry, the situation could become a lot worse. Later on, Sami approached Oscar.

"I really don't want us to fall out over a game. Either of our teams could have won," Sami explained.

Oscar took a deep breath and apologised. "I'm sorry. I was really frustrated. I'll try my best not to do that again."



Sami suggested, "Why don't we play something else today?" Oscar smiled and the boys walked towards the climbing frame together.

Glossary

compliment

A polite remark to praise or admire someone.

compromise

An agreement made by people with opposing views to meet somewhere in the middle.



Questions

1. How was Priya feeling after her maths test? Tick one.
- ☐ confident
- ☐ fed up
- ☐ tired
- ☐ bored
2. Look at **Playtime**. Number the events from 1–4 to show the order that they happened in.

- ☐ Oscar stormed off.
- ☐ Oscar apologised to Sami.
- ☐ Sami's team won the football match.
- ☐ Sami and Oscar walked towards the climbing frame.

3. Look at the sub-heading called **Why Are Friendships Important?**
Find and copy one word which means the same as 'leisure activities'.

4. How can a compliment help someone?

5. Fill in the missing words.

Asking _____ and being a good listener makes people feel
_____ in friendships.

6. Choose a word to describe Priya. Explain why you picked this.

7. Summarise what you have learnt about friendship in 30 words or fewer.

8. Can you think of another way to be a good friend to someone that is not already mentioned in the text?

Answers

1. How was Priya feeling after her maths test? Tick one.

☒ **confident**

☐ fed up

☐ tired

☐ bored

2. Look at **Playtime**. Number the events from 1–4 to show the order that they happened in.

2 Oscar stormed off.

3 Oscar apologised to Sami.

1 Sami's team won the football match.

4 Sami and Oscar walked towards the climbing frame.

3. Look at the sub-heading called **Why Are Friendships Important?**

Find and copy one word which means the same as 'leisure activities'.

hobbies

4. How can a compliment help someone?

Accept either: a compliment can improve someone's confidence; a compliment can cheer someone up.

5. Fill in the missing words.

Asking **questions** and being a good listener makes people feel **valued** in friendships.

6. Choose a word to describe Priya. Explain why you picked this.

Pupils' own responses, such as: I would describe Priya as caring because she tried her best to cheer up Ellie and build up her confidence when she could see that she was upset.

7. Summarise what you have learnt about friendship in 30 words or fewer.

Pupils' own responses, such as: Friendships are good for your wellbeing and can bring you lots of happiness. Communication is key and it's important to work through any disagreements together calmly.

8. Can you think of another way to be a good friend to someone that is not already

mentioned in the text?

Pupils' own responses, such as: Another way to be a good friend that is not already mentioned in the text is to share things. This is a kind thing to do and can make people feel included.

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A relationship between friends is called a friendship. Friendships occur throughout all stages of people's lives and can offer companionship, support, loyalty and compassion. Good friendships can bring many moments of happiness to people's lives.



Why Are Friendships Important?

Friendships have an important impact on people's wellbeing; friends can make you laugh and prevent loneliness. Forming friendships with different people also helps us to learn about different cultures and religions. Additionally, friends may encourage us to try new hobbies and teach us how to **compromise**.

Resolving Conflict in Friendship

Despite how close friendships are, it is likely that they will face some challenging times. It is important for friends to work through any disagreements and to communicate how they are feeling. If someone is angry, it can be difficult to resolve conflict at that moment; it may be better for them to walk away from the situation and discuss it when they are calmer. Friends may not always agree with each other's points of view but, in order to move forward, they should try to listen to each other and find a solution.

How Can Someone Be a Good Friend?

People feel appreciated when their friends show an interest in them; asking questions and being a good listener makes people feel valued. A compliment (a positive remark about someone) can improve someone's confidence and cheer them up; it may take a few seconds for someone to say but have a lasting impression on another person!



Friends should be people that you can trust and talk openly to as clear communication is essential for helping relationships develop.

As people grow, their interests may change and friendships may adapt; however, remember that making new friends doesn't mean that you need to forget about your old friendships.

Year 5 had just completed a maths test. While Priya walked out of class feeling confident, Ellie – Priya's best friend – fought back tears. Ellie had tried her best but had found the test difficult. Feeling fed up, she went and sat on her own in the playground. Priya followed Ellie and sat beside her.

"How are you?"
Priya asked.

Ellie shrugged. "I tried my best and I don't feel that it was enough," she replied.

"All the teachers ask is that we try our best. Don't worry about the test. You should be really proud of yourself and all your hard work," Priya said.



Ellie smiled. Priya was always so supportive of her and always thought about how she was feeling.



Playtime

Sami and Oscar were good friends; however, they were both very competitive when it came to playing sports. One breaktime, Sami and Oscar were on opposite teams when they were playing football. Sami's team won and Oscar was annoyed.

"I'm not playing football anymore!" Oscar shouted as he stormed off.

Sami thought it was best to let Oscar calm down; he knew that if he tried to talk to him when he was angry, the situation could become a lot worse. Later on, Sami approached Oscar.

"I really don't want us to fall out over a game. You're such a good footballer and the game was tough! Either of our teams could have won," Sami explained.

Oscar took a deep breath and apologised. "I'm sorry. I was really frustrated. I'll try my best not to do that again."



Sami suggested, "Why don't we play something else today?" Oscar smiled and the boys walked towards the climbing frame together.



Glossary

compromise

An agreement made by people with opposing views to meet somewhere in the middle.

Questions

1. What is conflict? Tick one.

- ☐ a party or festival
- ☐ loneliness
- ☐ an argument or disagreement
- ☐ positivity

2. Draw **four** lines and match each sub-heading to the corresponding sentence from that section.

What Is Friendship?

A compliment can improve someone's confidence.

Why Are Friendships Important?

Oscar took a deep breath and apologised.

How Can Someone Be a Good Friend?

Forming friendships with different people also helps us to learn about different cultures and religions.

Playtime

Friendships occur throughout all stages of people's lives.

3. Look at the sub-heading called **Resolving Conflict in Friendship**.

Find and copy one word which means the same as 'demanding' or 'difficult'.

4. Why did Ellie fight back tears?

5. Fill in the missing words.

People feel _____ when their friends show an _____ in them.

6. Do you think people need to have exactly the same hobbies in order to be friends?
Explain your answer.

7. **... it may take a few seconds for someone to say but have a lasting impression on another person!**

What does the author mean by the phrase 'a lasting impression'?

8. Can you think of a time when you were a good friend to someone?
Explain what happened.

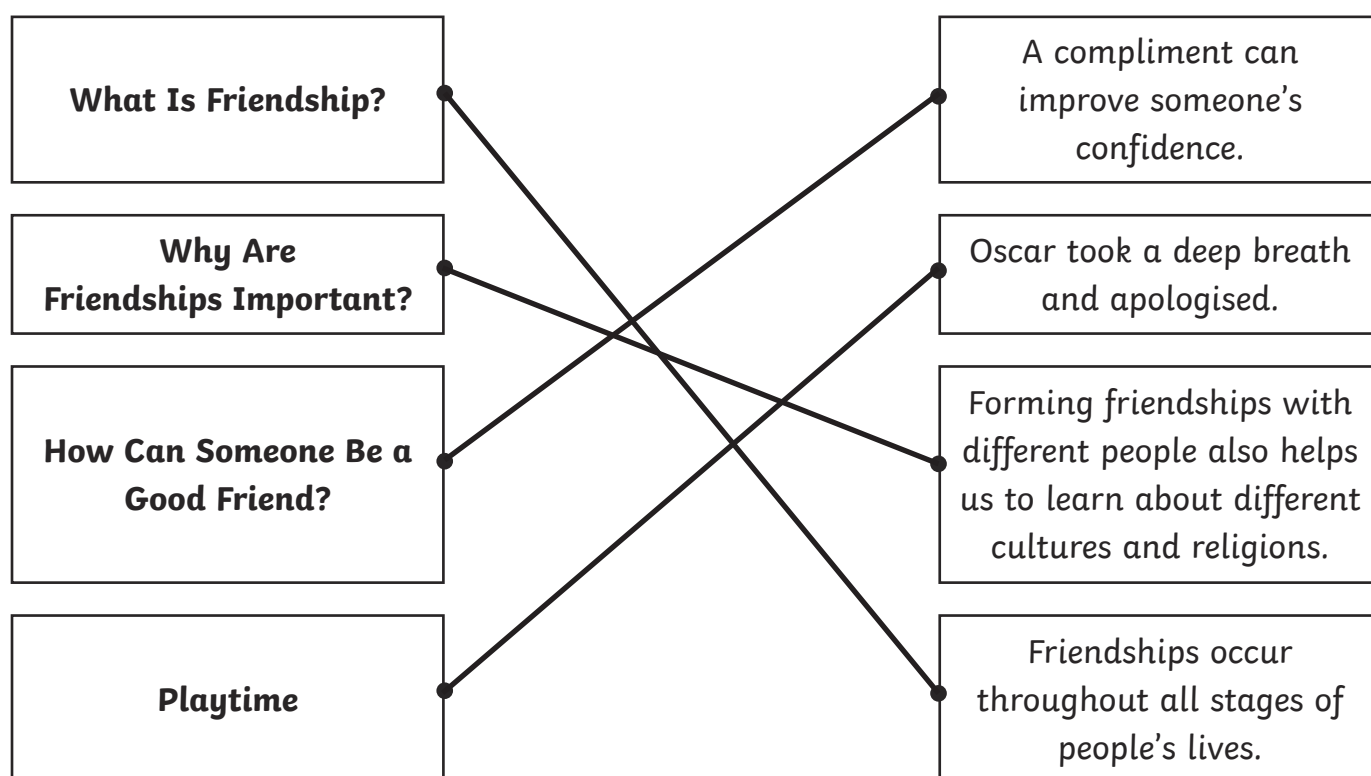
9. What could Ellie do next time she has a test to try and avoid getting upset?

Answers

1. What is conflict? Tick one.

- ☐ a party or festival
- ☐ loneliness
- ☒ **an argument or disagreement**
- ☐ positivity

2. Draw **four** lines and match each sub-heading to the corresponding sentence from that section.



3. Look at the sub-heading called **Resolving Conflict in Friendship**. Find and copy one word which means the same as 'demanding' or 'difficult'.

challenging

4. Why did Ellie fight back tears?

Ellie fought back tears because she found the maths test difficult.

5. Fill in the missing words.

People feel **appreciated** when their friends show an **interest** in them.

6. Do you think people need to have exactly the same hobbies in order to be friends?
Explain your answer.

Pupils' own responses, such as: I don't think that people need to have exactly the same hobbies in order to be friends because you can try new things and learn from each other. It would be boring if my friends all liked the same things!

7. ... it may take a few seconds for someone to say but have a lasting impression on another person!

What does the author mean by the phrase 'a lasting impression'?

Pupils' own responses, such as: The phrase 'a lasting impression' means that it will be remembered and have an impact on someone for a long time.

8. Can you think of a time when you were a good friend to someone?
Explain what happened.

Pupils' own responses, such as: I was a good friend when I saw someone alone on the playground and I invited them to join the game I was playing.

9. What could Ellie do next time she has a test to try and avoid getting upset?

Pupils' own responses, such as: I think Ellie could speak to her teacher before her next test to let them know how worried she is. The teacher would be able to reassure her and help her stay calm during the test.

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Why Are Friendships Important?

Friendships have an important impact on people's wellbeing; friends can make you laugh and prevent loneliness. Forming friendships with different people also helps us to learn about different cultures and religions. Additionally, friends may encourage us to try new hobbies and teach us how to compromise.

Resolving Conflict in Friendship

Despite how close friendships are, it is likely that they will face some challenging times. It is important for friends to work through any issues together and to communicate how they are feeling if they have a disagreement. If someone is feeling angry, it can be difficult to resolve conflict at that moment; it may be better for them to walk away from the situation and discuss it when they are calmer. Honesty is a crucial part of reconciling relationships and people should be able to share how they are feeling. Friends may not always agree with each other's points of view but, in order to move forward, they should try to listen to each other and find a solution.

How Can Someone Be a Good Friend?

American writer and poet Ralph Waldo Emerson said, 'The only way to have a friend is to be one.' It is important to treat your friends how you would want to be treated.

People feel appreciated when their friends show an interest in them; asking questions and being a good listener make people feel valued. A compliment (a positive remark about someone) can improve someone's confidence and cheer them up; it may take a few seconds for someone to say but have a lasting impression on another person! Friends should be people that you can trust and talk openly to as clear communication is essential for helping relationships develop.

It is also important to acknowledge that friendships may evolve; embrace this opportunity to widen your social circle! As people develop, their interests may change and friendships may adapt; however, remember that making new friends doesn't mean that you need to forget about your old friendships.

Year 5 had just completed a maths test. While Priya walked out of class feeling confident, Ellie – Priya's best friend – fought back tears. Ellie had tried her best but had found the test difficult. Feeling fed up, she went and sat on her own in the playground. Priya followed Ellie and sat beside her; this wasn't a time for Priya to boast about her achievements but to check on her friend.

"How are you?"
Priya asked.

Ellie shrugged. "I tried my best and I don't feel that it was enough," she replied.

"All the teachers ask is that we try our best. Don't worry about the test. You should be really proud of yourself and all your hard work," Priya said.



Ellie smiled. Priya was always so supportive of her and always thought about how she was feeling.



Playtime

Sami and Oscar were good friends; however, they were both very competitive when it came to playing sports. One breaktime, Sami and Oscar were on opposite teams when they were playing football. Sami's team won and Oscar was annoyed.

"I'm not playing football anymore!" Oscar shouted as he stormed off.

Sami thought it was best to let Oscar calm down; he knew that if he tried to talk to him when he was angry, the situation could become a lot worse. Later on, Sami approached Oscar.

"I really don't want us to fall out over a game. You're such a good footballer and the game was tough! Either of our teams could have won," Sami explained.

Oscar took a deep breath and apologised. "I'm sorry. I was really frustrated. I'll try my best not to do that again."



"I understand," Sami nodded. "Why don't we play something else today?" Oscar smiled and the boys walked towards the climbing frame together.



Questions

1. Which of the following statements appear in the text? Tick **two**.

- ☐ Friends should always agree with each other.
- ☐ Friendships have an important impact on people's wellbeing.
- ☐ You should forget about your old friends when you make new friends.
- ☐ It is important to treat your friends how you would want to be treated.

2. Draw **four** lines and match each term with its definition.

prevent	A disagreement or argument.
compromise	To develop or change.
conflict	To stop something from happening.
evolve	An agreement made by people with opposing views to meet somewhere in the middle.

3. Look at the sub-heading called **Maths Test**.

Find and copy one word which means the same as 'brag'.

4. Why didn't Sami speak to Oscar straight away?

5. Fill in the missing words.

Honesty is a _____ part of _____ relationships.

6. Look at the quote below. Why do you think the author decided to include it in the text?

'The only way to have a friend is to be one'

7. Have you ever felt frustrated like Oscar did? Explain your answer.

8. What is the most important quality that you look for in a friend and why?

9. Summarise how to deal with a disagreement with a friend in 30 words or fewer.

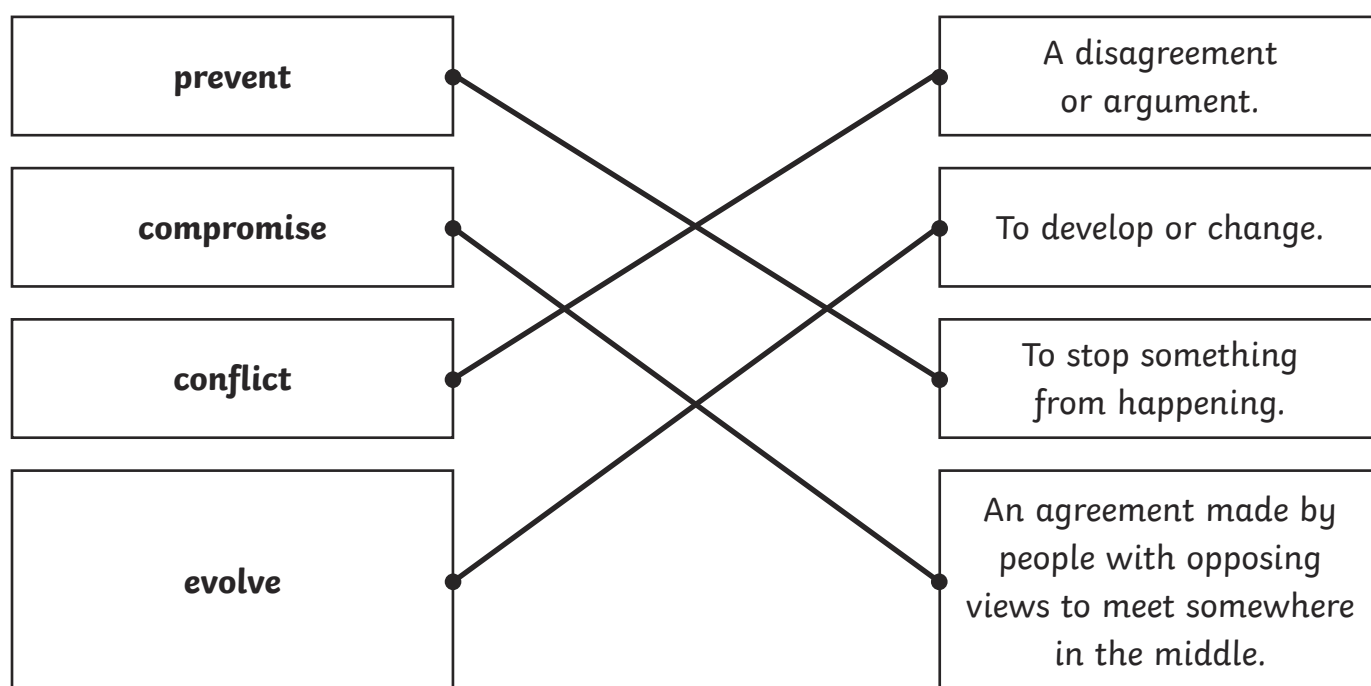
10. What could Oscar and Sami do next time to avoid arguing in a game?

Answers

1. Which of the following statements appear in the text? Tick **two**.

- ☐ Friends should always agree with each other.
- ☒ **Friendships have an important impact on people's wellbeing.**
- ☐ You should forget about your old friends when you make new friends.
- ☒ **It is important to treat your friends how you would want to be treated.**

2. Draw **four** lines and match each term with its definition.



3. Look at the sub-heading called **Maths Test**.

Find and copy one word which means the same as 'brag'.

boast

4. Why didn't Sami speak to Oscar straight away?

Sami didn't speak to Oscar straight away because he thought the situation could become worse if he was angry.

5. Fill in the missing words.

Honesty is a **crucial** part of **reconciling** relationships.

6. Look at the quote below. Why do you think the author decided to include it in the text?
'The only way to have a friend is to be one'?

Pupils' own responses, such as: I think the author decided to include the quote, 'The only way to have a friend is to be one' because it emphasises how important it is to be kind and reminds people to be a good friend to others.

7. Have you ever felt frustrated like Oscar did? Explain your answer.

Pupils' own responses, such as: I felt frustrated when I couldn't understand how to add fractions. I found it difficult when other people seemed to understand what to do and I kept making mistakes.

8. What is the most important quality that you look for in a friend and why?

Pupils' own responses, such as: The most important quality that I look for in a friend is a sense of humour because if someone makes you laugh, then you feel really happy being around them.

9. Summarise how to deal with a disagreement with a friend in 30 words or fewer.

Pupils' own responses, such as: It's important to communicate openly during a disagreement and wait until you're calm. You have to accept that you may not agree on something and you may need to compromise.

10. What could Oscar and Sami do next time to avoid arguing in a game?

Pupils' own responses, such as: I think Oscar needs to remember to keep calm and walk away if he feels frustrated to avoid arguing in a game. Sami should remember to be patient with Oscar and understand that he finds losing difficult.