

Important Dates

16th October Enfield Schools Cross Country
26th October—Half term
 9th November—Parents Evening booking system opens
 16th November—Parents Evening Week
 17th November—Y1&Y2 Cinema Trip
 19th November—Y5 Cinema Trip
 20th November—Flu vaccination Rec-Y6
 24th November—Y3&Y6 Cinema Trip
 27th November—Y4 Cinema Trip
 2nd December—Rocksteady Concert to Parents
 2nd December—Winter Disco
 3rd December—Y4 Lego Workshop
 4th December—**Inset Day School Closed**
 10th December—KS1 Nativity to Parents 10am
 11th December—Coffee Morning 9am
 16th December—Christmas lunch
 18th December—**Last Day of term. School closes at 1:15pm**

Welcome from Mrs Panteli

It has been another lovely and busy couple of weeks at Southbury and I am so proud of how well our children have settled into the new school year. There is a real sense of purpose around school, with children showing enthusiasm for their learning and staff working incredibly hard to provide them with the very best opportunities. It has been particularly wonderful to see our youngest children becoming more confident and independent as they get to know their new routines, while many of our older pupils are already demonstrating the maturity and leadership skills we expect from them. As we move further into the autumn term, we will continue to focus on our high expectations for behaviour, learning and kindness. We want every child to feel safe, valued and proud of themselves and their school and it is wonderful when we see our Southbury values reflected in the way our children treat one another. I hope you enjoy reading our newsletter and seeing some of the wonderful things that have been happening across school.

Attendance Matters!

Overall attendance for week ending 2nd October
97.52%

Attendance winner's
 28th Sept —2nd Oct

1st place – Y2 Bluebell and Y2 Poppy with 100%

2nd place - Y5 Primrose with 99.47%

3rd place – Y3 Snowdrop with 99.26%

Y6 Football Tournament

Year 6 made an impressive start to this year's football tournament at Heron Hall. They won both of their games 1-0. We were the only school to keep a clean sheet!

Well done boys and thank you Mrs Cinotti and Mr Camp!



Our Value this half term is...

Determination

This half term, we will be looking at what it means to be determined and why it is important to show determination, especially when things feel difficult. Speak to your child about ways that they can demonstrate determination at home, at school and within the community.

Harvest Festival.

After our Harvest Festival, Year 6 helped North London Foodbank load all of the donations. They will now be sorted and distributed to families who need them. A huge thank you to all of our generous parents for your help and support




School Council.

Congratulations to our newly elected School Council Representatives who are as follows:

Hannah & Raluca (3 Snowdrop)
Rawaha & Hayat (4 Sunflower)
Ezda & Lior (4 Lavender)
Zavier & Amelia (5 Primrose)
Joel & Jannah (5 Blossom)
Nahid & Amirah (6 Magnolia)
Ismaeel & Alexia (6 Buttercup)

The Lower Key Stage 2 children will also assume the role of Eco Champions while the older children will become our new Travel Ambassadors.

What have we been up to?

Nursery

This week in Nursery, the children discovered a baby owl with a message 'I want my mummy'. They thought about how the baby owl might be feeling and where owls live. We enjoyed finding out lots of information ready to start our new story focus next week - Owl Babies by Martin Waddell.



Reception

The children in Lily Class have really been busy and enjoying our learning garden.



Year 1

Year 1 had a wonderful visit to the library and enjoyed choosing some books to add to our class library for everyone to share.



Year 2

In PE, Year 2 have been developing their gymnastics skills. They practised stretch jumps, focusing on landing softly and safely with control, and worked on holding balanced positions with good body control.



Year 3

In this week's history lesson, Snowdrop Class learnt about tools used during the Stone Age period. The children used clay to make hand axes similar to the ones used during the Stone Age era.



Year 4

In Art, the children worked in groups appreciating paintings and putting them in chronological order.



Year 5

Year 5 investigated different processes for separating a range of mixtures.



Year 6

In gymnastics, the children have been learning about matching and mirroring. This week, they used the apparatus to create matching and mirroring holds with a partner, concentrating on flexibility and control.





Dream Big, Fly High!

Term Dates

Academic Year 2026/27

Autumn Term

Wednesday 2 September – Friday 18 December 2026

Half Term Holiday

Monday 26 October – Friday 30 October 2026

Spring Term

Monday 4 January – Thursday 25 March 2027

Half Term Holiday

Monday 15 February – Friday 19 February 2027

Summer Term

Monday 12 April – Thursday 22 July 2027

Bank Holidays – School Closed

Monday 3 May 2027

Half Term Holiday

Monday 31 May – Friday 4 June 2027

Inset Days: School Closed

Wednesday 2 September 2026

Friday 4 December 2026

Wednesday 3 March 2027

Monday 7 June 2027

Wednesday 14 July 2027



TikTok is a video-sharing social media app available on iOS and Android which lets users create, share, and view user created videos in a similar manner to Facebook, Instagram and Snapchat. Its main draw, however, is that users can record and upload bite-sized looping videos of themselves lip-synching and dancing to popular music or soundbites, often for comedic effect, which can then be further enhanced with filters, emojis and stickers. TikTok has been designed with the young user in mind and has a very addictive appeal. At the beginning of 2019 it skyrocketed in popularity and has featured near the top of download charts ever since. Estimates suggest that it now has anything between 500 million and over 1 billion monthly active users worldwide.



What parents need to know about

TIKTOK



AGE-INAPPROPRIATE CONTENT

On the iOS store, TikTok is listed as 12+. On the Google Play Store it is rated as 'Parental guidance recommended'. When signing up to the app, it's possible to be about your age without any form of verification. As children scroll through their feed, most of the videos they're likely to come across are light-hearted or designed to make people laugh. However there have been a number of videos reported for featuring drug and alcohol abuse, self-harm and young teens engaging in sexually suggestive content. More recently, suicide-themed related videos have been widely circulated. Given the deluge of material uploaded to TikTok every day, it's impossible to moderate everything and it can be common to come across explicit and age-inappropriate content on the 'For you' feed when logging into the platform.



INAPPROPRIATE MUSIC

TikTok revels in creating music videos through lip-synching and dancing. Inevitably, some of the music featured by users will contain explicit or suggestive lyrics. Given the undeniably young user base, there is a risk that children may look to imitate the explicit language they hear or the suggestive actions they see when viewing others' user's videos on the app.



TIKTOK FAME

TikTok is very image focused and there is a notable preoccupation with appearing cool and attractive. Many teenagers now attempt to go viral and become what's known in-app as 'TikTok famous'. TikTok (and its predecessor Musical.ly) has spawned its own social media stars. Lizzo, Charli XCX and Jacob Sartorius have been catapulted to fame through their initial exposure on the app. Obviously, most budding influencers looking to become the next big thing will be disappointed, but this may have the knock-on effect of making them go to more and more drastic lengths to get noticed.



ONLINE PREDATORS

As a social network, TikTok makes it easy to connect with other users. This includes the ability to comment on and react to other user's videos, follow their profile and download their content. Be aware that by default, any user can comment on your child's video if their account is set to public. Most interactions are harmless enough but as an app, TikTok is prone to predators because of the abundance of younger users.



ADDICTIVE NATURE

Social media is designed to be addictive and TikTok is no different. It can be fun and hugely entertaining. However, it is also addictive because of the fact that it can be hard to put down. In addition to the short, punchy nature of the looping video format, the app's ability to keep you guessing what will come on screen next makes it easy to turn a five-minute visit into a 45-minute visit.



IN-APP PURCHASES

Aside from the content, there's also the option to purchase in-app coins called 'TikTok coins'. Prices range from £0.50 for 100 coins to an eye-watering £93.99 for 10,000 coins. TikTok coins are used to purchase different emojis to reward content creators that a user finds funny or entertaining. In the iOS version of the app you can disable the option to buy TikTok coins but this sadly doesn't seem to be a feature in the Android version.



Safety Tips For Parents



TALK ABOUT ONLINE CONTENT

Assuming your child is above the age limit to use TikTok, make sure you take the time to talk to them about what they are seeing on the app. Have an open dialogue, get them to give you their opinion on what is appropriate and model the correct behaviour. Go over why they should not give out private information or identifiable photos and be positive and understanding. In the long run, getting them to think critically about what they're seeing goes a long way to keeping them social media savvy.



USE PRIVACY SETTINGS

Undoubtedly, the easiest way to safeguard your child on TikTok is to make sure their account is set to private. This means only those users your child approves can view, like, and follow their content. Setting the account to private may dash your child's goal of social media superstardom, but it will keep their account secure from strangers. This setting can be enabled under the privacy and safety menu by pressing the ellipsis in the 'top' tab of the app. To be extra safe, there are additional controls available to toggle such as who can send comments and messages, among other options.



ENABLE RESTRICTED MODE

In the digital well-being section there's the ability to turn on restricted mode using a PIN. Restricted mode filters out content that is not age appropriate although it should be noted that this isn't a 100% fool proof. When enabling restricted mode, parents should still be vigilant to what their child is watching and take note that the algorithm moderating content is not infallible.



MONITOR VIEWING HABITS

Even if it doesn't make you popular, keep a close eye on what your child is viewing and sharing on TikTok. While the app has moderation and a video can still slip through the net so it's important to regularly check in on what they're watching. Understanding and learning the app yourself is a great way to get to grips with it. You could then even watch some videos with your child, turning it into a bonding opportunity if so.



LEARN HOW TO REPORT AND BLOCK INAPPROPRIATE CONTENT

With the proper privacy settings in place, TikTok can be a relatively safe space for your child to express themselves. However, in case something does manage to slip through, make sure your child knows how to recognise and report content that isn't appropriate and get them to come to you about what they have seen. TikTok allows users to report offenders and comments within the app. You can also block individual users by going on their profile.



MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child moderate their time on the app by making use of the digital well-being section. Under the screen time management option, you can limit the daily allowed time of use on the app in increments ranging from 30 to 120 minutes. You can also lock this preference behind a PIN number which has to be inputted in order to then exceed the daily time limit. This way your child can get their daily dose of memes without wasting away the day.



Meet our expert

Pete Bath is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successful winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



FAMILY SAFETY MODE

TikTok Family Safety Mode allows parents to link their own TikTok account to their child's. It's a great way to oversee your child's digital well-being by giving you direct control over their safety settings and being able to remotely turn features on and off. This includes managing screen time, the ability to send and receive direct messages (and with whom) and the ability to restrict the appearance of content that might not be age appropriate.



SOURCE: www.tiktok.com

www.nationalonlinesafety.com Twitter - @nationalonlinesafety Facebook - /NationalOnlineSafety Instagram - @NationalOnlineSafety

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Spurs in the Community & The Met: Open Day

- Connect with your community
- Learn about health and employment services
- Help to make our neighbourhoods safer and stronger



 **Thursday 29th October**

 **12PM to 4PM**

 **Edmonton Green
Police Station, 462
Fore Street
N9 0NR**

 **All Ages**

 **Free**



**SCAN TO
SIGN UP**

SPURS *in the* COMMUNITY

WITH SUPPORT
FROM

Supported by



SOUTHBURY PRIMARY SCHOOL AFTER SCHOOL CLUB.

Reception - Year 6



About Us

We are an after school club that provides childcare and activities for just £6 per session for up to 2.5 hours. If you would like your child to attend a non sports related after-school, this is the place! Please contact the office for how to enrol your child.

Activities include:

- ✓ Cooking
- ✓ Games
- ✓ Computing
- ✓ Arts and Crafts

HES FREE COURSE - LEVEL 3 AWARD IN CHILDCARE AND EDUCATION

"A FULLY FUNDED SKILLS BOOTCAMP DESIGNED TO EQUIP LEARNERS WITH THE QUALIFICATIONS, SKILLS AND CONFIDENCE NEEDED TO WORK IN EARLY YEARS OR SCHOOL SETTINGS."

Added benefits include:

1. Awareness of Learning Disability and Autism
2. Safeguarding
3. Emergency Paediatric First Aid
4. Job opportunities and interviews upon completion of the course!

APPLY NOW!

Use the 'Register' button below register your interest



REGISTER NOW



Who is this course for?

- ✓ Aspiring Early Years practitioners
- ✓ Nursery, preschool and childcare staff looking to upskill
- ✓ Career changers interested in working with children
- ✓ Unemployed or under-employed adults aged 19+
- ✓ MUST live in London

FUNDING & ELIGIBILITY:

- ✓ Aged 19+
- ✓ Right to work in the UK
- ✓ Basic English and maths required
- ✓ Interest in working in an Early Years setting

Phone: 07897460501

Email: info@hescio.co.uk

Website: www.hescio.co.uk

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SKILLS
FOR LIFE
SKILLS BOOTCAMP

strengthening families strengthening communities

Programme for Parents/Carers

Strengthening Families, Strengthening Communities (SFSC) is a 13-week inclusive evidence-based parenting programme for all parents and carers of children aged 0-18.

The programme will help parents/carers think about how their experiences, culture, upbringing, and family background have influenced their parenting style.

It will also help parents/carers answer some important parenting questions, such as:

- How do I build a better relationship with my child?
- How can I motivate my child to try their best at school?
- How do I encourage my teenager to make better decisions?
- How do I put boundaries in place with my child?
- How do I connect with the wider communities and services in my area?

Who is it for? All parents/carers of any ethnic and faith background

How long? 13 weeks - each week you attend a 3-hour session in person

Programme ends with a certificate award ceremony

How to book? [Strengthening Families, Strengthening Communities](#) Programme or scan QR code




www.enfield.gov.uk

ENFIELD Council

Welcome to the Ponders End Youth & Family Hub

All families need support from time to time to help their babies and children thrive, whether that's from friends, family, volunteers, or professionals.

Ponders End Youth & Family Hub brings together lots of different services for children and families, making it easier for families to get the help they need at the right time. We offer help and support for families, from pregnancy up until age 19, or 25 for young people with special educational needs and disabilities.

Our Youth and Family Hub provide support for any family, child or young person living in Enfield who needs them. Our doors are open to everyone, ensuring that families get the help and support they need.

YOUTH & FAMILY HUB
HELPING CHILDREN, YOUNG PEOPLE AND FAMILIES THRIVE

Who can I see, speak to & find out more / ask for help?

There is a Family Navigator at the hub to support families to access information, advice, and services.

To find out more:
Call – 0208 379 2002
Email – pondersendfamilyhub@enfield.gov.uk

Over the coming months extra activities will be added to the hub schedule; support for parents and carers through pregnancy and up until their child is 2 years old, and opportunities for families with children under 5, to learn, develop and have fun.

Where to find us

Ponders End Family & Youth Hub: 141 South Street, EN3 4PX
Next to Oasis Hadley Academy – what3words [pink_sleeps_fired](https://www.what3words.com/en/48q2g4-88p2-88p2/pink_sleeps_fired)

Buses:

- 191 bus stop PZ from Edmonton Green towards Enfield Town/Brimsdown
- 191 bus stop PU from Brimsdown/Enfield Town towards Edmonton Green

Ponders End Rail Station:
Greater Anglia Services between Liverpool Street and Hertford East.



Please see page 2, for the latest Ponders End Youth & Family Hub activity Schedule.

As we continue to update the schedule with new services as and when they are introduced, please use the QR code to ensure you remain up to date with all the latest activity taking place from Ponders End Youth & Family Hub.



<https://www.enfield.gov.uk/services/children-and-education/family-hub>



Keep Your Child Safe Online

T E C H

TALK

Talk to your child about their internet use and safety.

Have meaningful conversations about how they use the internet.

Praise your child for safe online behaviours.

Welcome your child if they want to ask you a question or tell you about a problem, even if they've done something unwise themselves.

EDUCATE

Learn as much as you can about games, platforms, parental controls and the benefits and risks of online activity.

Teach your child about specific issues and concerns.

Teach your child about safe and unsafe relationships and how to repair friendships following disagreements online.

CO-VIEW

Co-view your child's online activity at least 1x/week.

Interact with your child online.

Model appropriate online behaviour.

Co-operate with each other to promote the well-being of all.

HOUSE RULES

Set clear routines, rules and boundaries ("house rules").

Keep to age ratings and guidance for apps, games and devices.

Restrict online activity to daytime and communal areas.

Use filters and parental controls.

Spend regular screen-free time with your child.

AGE 11+ for a basic phone or highly restricted smart phone without internet access or social media

AGE 14+ for a smart phone with parental controls

*Agree a contract with your child to encourage responsible phone use

www.enfield.gov.uk



NLFT
NORTH LONDON FOUNDATION TRUST

FOR GPs, SCHOOLS AND COMMUNITY PARTNERS

Please refer children, young people and families that the CAMHS Crisis Helpline is accessed by calling NHS 111 and selecting Option 2.

CAMHS CRISIS LINE?

GET HELP. GET SUPPORT.

CRISIS HELPLINE
CALL NHS 111
SELECT OPTION 2

OPTION 2

24/7 24 hours a day

7 days a week

365 365 days a year

You can call this number to get help or advice in a crisis from our trained mental health advisors and clinicians.

If you are worried about your immediate safety or have thoughts about hurting yourself or other people, call 999 for emergency services.

You're not alone. We're here to help.

SOUTHBURY SCHOOL NURSERY

DREAM BIG. FLY HIGH!

A happy, inclusive and supportive environment where children thrive!

15 HOURS FUNDED
CHILDCARE FOR
TWO YEAR OLDS.

FOR ELIGIBLE
FAMILIES

UP TO 30 HOURS
FUNDED
CHILDCARE FOR
THREE YEAR OLDS.

FOR ELIGIBLE
FAMILIES



FOR MORE INFORMATION OR TO BOOK A VISIT
TO SEE OUR SCHOOL, PLEASE CONTACT THE
OFFICE: 080 8804 1710
OFFICE@SOUTHBURY.ENFIELD.SCH.UK
SWANSEA ROAD, EN3 4JG