

The Incredible Years Parenting Programme 5-11 years



Develop a positive parenting tool kit

- Support your child to manage their feelings, and deal with difficulties
- Better awareness to manage your own emotional responses
- Help your child to listen to and cooperate with instructions
- Foster a more secure relationship and strengthen trust
- Build your child's self esteem
- Experience more joyful parenting



Join a supportive weekly group to share this 12 week programme

Taking place at Bush Hill Park Primary School

Starting: **Friday 21st April 2023**

To register your interest, and to receive a follow up call, please visit your child's school to ask for a registration form

Limited spaces are available

Delivered by accredited Incredible Years' Practitioners from Enfield Primary Behaviour Support Service **SWERRL** Team

Strengthening **W**ellbeing, **E**motional health, **R**elationships and **R**eadiness for **L**earning

Email: Office.BSS@enfield.gov.uk

In partnership with Enfield Educational Psychology Service

For more information email
Office.BSS@enfield.gov.uk
www.enfield.gov.uk

