# Did you know?

- Good attendance in school is the single most important factor to ensure that young people have the maximum life chances
- Attendance is strongly linked to educational achievement
- Promoting positive school attendance is everyone's responsibility
- Pupil who miss school risk failing to achieve what they are capable of, miss forming and maintaining friendships and missing key points of the curriculum which mean further struggles ahead.

Leave of absence... The DFE have announced that leave of absences are not permitted during term time unless there are 'exceptional circumstances' . You must collect a leave of absence form from the school office well in advance. Taking a leave of absence without prior discussion or consent will result in an unauthorised absence and a referral for a fixed penalty notice. Family holidays will not be considered as 'exceptional circumstances'.

# How to protect your children from

# common illnesses



#### WASH YOUR HANDS. Teach younger kids to scrub their hands in warm, soapy water until they finish singing the entire alphabet song. Teach

older kids to count to 20 before rinsing.



HANDS OFF YOUR FACE. Teach younger kids especially to keep their fingers out of their mouths, noses and ears.



### GET ENOUGH SLEEP.

Sleep helps keep kids' immune systems strong. Follow these guidelines per night: This applies to personal items, such Ages 10 to 17: 8.5 to 9.5 hours Ages 5 to 10: 10 to 11 hours Ages 3 to 5: 11 to 13 hours

DON'T SHARE. as water bottles, earbuds, hats, hairbrushes and lip balms.

# Parents' Guide To Attendance at Southbury School.



You must call the school office on 0208 804 1710 before 9.25 a.m. if your child is not in school to explain their absence. You can email medical evidence to :

office@southbury.enfield.sch.uk or

s.whincup@southbury.enfield.sch.uk



We understand there can be tricky times and so we offer our full support with any attendance issue.....keeping us in the loop is the key. It is really important that we work together!

If there are problems, we will do everything that we can to make attending school as simple as possible whilst ensuring your child is happy and reaches their full potential.

If there are ever any problems please do not hesitate to come and see us.

# A nutritious diet can give young immune systems a healthy boost.



EAT YOUR FRUITS

COVER

SNEEZES AND COUGHS.

Teach kids to sneeze and cough

into the crook of their elbow or a

tissue - not their hands.

# AND VEGGIES.



Call the school if your child is absent before 9.25 a.m. on each day of absence.

### What the government say....



New government guidelines state that attendance of 90% or less is classed as 'persistent absence'.

The government expects that in order to reach a child's full potential, they must attend school for a MINIMUM of 95% of the school year.

### What the law says.....

As a parent, ensuring your child's regular attendance at school is your legal responsibility and allowing absence from school without good reason is an offence and may result in a referral to the Education Welfare Service, the issue of Penalty notices and fines and eventually prosecution in the 🐻 courts.



### Illness Guidance....

Being ill may prevent your child from coming to school, but if they can get out of bed and play or enjoy TV, they should be in school. Coughs, colds and sneezes or runny noses are not an excuse to miss school and feeling tired is not an illness so children who are tired should also be in school.

Looking after your child is very important to us and we will of course contact you if we feel they should be at home.



- If your child attends school between 95% and 100%, they have the potential to achieve their best, educationally and socially.
- 10 days off per year = 94.7%
- Whilst 90% attendance might sound good ...
  - \* 90% =  $\frac{1}{2}$  day off each week per year
  - \* 90% = 1 month off school per year
  - \* 90% = 1 whole school year in career
  - ... reducing continuity of education

# Send your child to school



They have a runny or blocked nose or sore throat or a little cough and no other symptoms.



You haven't had to give them Calpol or similar in the last 24 hours to reduce a fever and they haven't had a fever during that time.

They are tired

They tell you they don't want to go in (Let the teacher know this as there may be a



friendship problem we need to help with) They have a mild cold and do not have

a continuous cough

Their sister or brother is ill but they are fine

Children can attend school with head lice (after treatment), conjunctivitis (after treatment has started). Hand, foot and mouth infection and others—ask staff for more advice.

# Keep your child at home if....

They have a fever of more than 38 ° Celsius or 100 ° Fahrenheit. They have a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours

They have vomited or had diarrhoea in the last 48 hours