



Courage doesn't mean that you don't get afraid. It means that you don't let fear stop you.

- Bethany Hamilton

Southbury School Value for this half term is:

Courage

- Being brave.
- Facing your fears.
- Keeping going, no matter what.

What does courage look like?

People who show courage:

- Face their fears.
- Keep going even when they feel afraid.
- Are brave.

People who show courage realise:

- That it's okay to feel afraid.
- Being courageous means having fears that you overcome.
- You need determination to face your fears.

People show courage by:

- Being brave.
- Facing their fears.
- Having the determination to keep going even when they are afraid.
- Recognising they feel afraid and carrying on regardless.
- Standing up for what they believe in.